Guidelines for Protecting Your Computer, Network and Data from Malware Threats

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Abstract

Malware, sometimes referred to as malicious software, represent software threats engineered to damage computer systems, networks and data without the knowledge of the owner using the system. All users are increasingly becoming more prone to malware attacks and need to have strategies and a set of guidelines to help them get the most out of their antivirus software. This poster highlights a classification of malware threats, the types of computer threats, detection strategies, removal methods, and provides guidelines for the protection of essential assets.

Introduction

Hackers, phishers, and crackers manipulate and engineer code, scripts, active content and other software to compromise, destroy, disrupt or steal confidential information from computer systems, networks and databases and other data sources/ repositories. Their main goal is to compromise and disrupt hardware, software, firewalls, data, information, servers, standalone computers, server-based computers and mainframe computers. However, anti-malware software developers also update and engineer their software and programs to deter and provide cyber security to many computer systems across the globe. In this paper, we will illustrate several different types of malicious software (malware) and the most efficient (and price worthy) anti-virus software programs to help support and secure SAS® Users everywhere.

What is Malware (or Malicious Software)?

Malicious software, or malware, is software that is designed to disrupt, compromise and function in some undesirable way for purposes of impacting a computer's operation, access and collect information, or gain access to a computer system with hostile or sinister intent in-mind.

Safety Essentials 101

Personal computer users, internet users, organizations small and large, and data centers have a huge burden in front of them – remain vigilant and do everything possible to safeguard computer systems, firewalls, networks, data centers, databases and data sources from being compromised from malicious software. But how is that done? We've identified a few things everyone should consider when surfing the web, downloading Internet content, accessing emails and their attachments, clicking misleading links and accessing infected external devices:

- ✓ Always protect your core data, databases and data sources;
- ✓ Maintain an up-to-date, safe and effective malware software on your computer;
- ✓ Firewall is enabled;
- ✓ Only download updates and files from websites that have scanned them with trusted Antivirus Software;
- ✓ Never open any Email or attachment link you are unsure of;
- ✓ Use a safe and trusted Web Browser such as, Google Chrome or Mozilla Firefox;
- ✓ Do online banking on HTTPS web addresses only;
- ✓ Back up all files and documents;
- ✓ Identify and classify sensitive information;

- ✓ Review, understand and grant rational access rights to databases, data, files, etc.;
- ✓ Routinely use analytics to sift through large volumes of data activity.

Types of Malicious Software (Malware) Security Threats

Malicious Software (malware) does everything in its power to damage, disable, take control, alter, steal, change or compromise confidential, sensitive and other types of information from a computer system. Figure 1 shows nine of the most common malware threats including Denial of Service, Trojan Horse, Rootkit, Botnet Operation, Exploit, Keystroke Logging, Spyware, Rogue Security, and self-replicating viruses such as the Computer Worm.

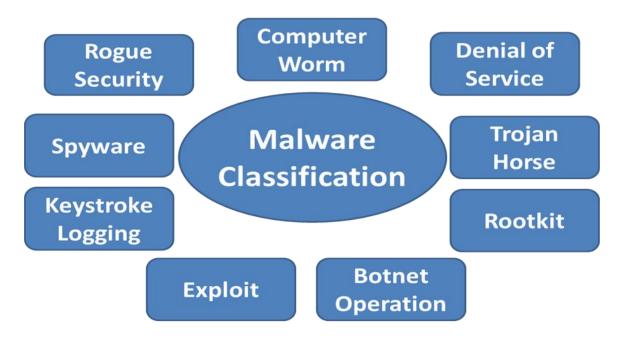


Figure 1. Malware Classification

With the number of malware threats compromising computer systems on the rise, it becomes more important than ever to be able to recognize key characteristics such as malware's ability to mutate to avoid detection by antivirus software. Key characteristics for each malware category are listed below.

Computer Worm

- ✓ Self-replicating virus
- ✓ Corrupts, misplaces and deletes files
- ✓ Difficult for users to detect

Denial of Service (DoS) Attack

- ✓ Utilizes a Zombie Computer Army
- ✓ Floods a network/website with access requests
- ✓ Crashes the network/website for a short time

Trojan Horse

- ✓ Disguised as a legitimate download/program
- ✓ Used as a backdoor program
- ✓ Works stealthily without the user's knowledge

Rootkit

- ✓ Used as a backdoor to gain access to a system
- ✓ Illegally acquires Administrator status
- ✓ Implants itself within kernel of the computer

Botnet Operation

- ✓ Creates a "Zombie Computer Army"
- ✓ Spammer sends viruses to computers over network
- ✓ Functions stealthily

Exploit ("Exploits" and attacks security vulnerabilities)

- ✓ Targets a glitch or bug in a computer system
- ✓ Commands Trojan horses, Rootkits, DoS Attacks

Keylogger (Tracks all keystrokes made on computer)

- ✓ Form of Malicious Hardware/Software
- ✓ Tracks the victim's keyboard strokes
- ✓ Used to crack security passwords

Spyware

- ✓ Collects information on the user illegally
- ✓ Places tracking cookies on a user
- ✓ Sells personal information to Third Parties

Rogue Security Software

- ✓ Appears in the form of a Pop-Up
- ✓ Scares user into thinking computer is infected
- ✓ Results in additional problems to computer system
- ✓ Comes bundled with Trojan, keylogging software

The Symptoms of a Malicious Software Infection

After researching the most common types of malicious software types, the following descriptions illustrate the symptoms associated with a system infection. The various symptoms include your computer not shutting down properly; to deleted, misplaced, or altered files and documents; and other symptoms.

Self-Replicating Viruses

- ✓ Files are misplaced or deleted
- ✓ Decrease in Internet browsing speed
- ✓ Frequent computer lock ups
- ✓ Frequent Advertisements (pop-ups)
- ✓ New icons created on home page
- ✓ Firewall Disabled
- ✓ Applications unable to start
- ✓ Blue screen of death (BSOD)
- ✓ Computer can't power on
- ✓ Updates aren't installed successfully

Trojan Horse

- ✓ CPU/RAM Usage greatly increases
- ✓ Background programs running without consent of owner
- ✓ Blue Screen of Death
- ✓ Constant annoying Pop-Ups
- ✓ Slow, unusable, internet connection
- ✓ Account passwords altered
- ✓ Mouse and key commands changed

Rootkit

- ✓ Major CPU/RAM Usage
- ✓ Antivirus software disabled
- ✓ Extensive web browser tabs open
- ✓ Blue Screen of Death
- ✓ Slow computer performance
- ✓ Altered keys, time, and commands

Denial of Service (DoS) Attack on a Web Page

- ✓ Web page unable to open
- ✓ Slow connection to web page
- ✓ Your computer slows to a halt after visiting an attacked webpage

Botnet Operation

- ✓ CPU Fans goes into overdrive when computer is not undertaking an action
- ✓ Emails sent with your name on them that you did not send
- ✓ Programs open and shut down unexpectedly
- ✓ Cannot download antivirus software/updates
- ✓ Pop-Up windows appear frequently

Spyware

- ✓ Pop-Up Advertisements
- ✓ Browsing cookies enabled without owner's consent
- ✓ Web browser includes many toolbars
- ✓ Unfamiliar home page
- ✓ Default search engine changed
- ✓ New web bookmarks
- ✓ New and/or altered "Favorites"

Rogue Security Software

- ✓ Unexpected ads popping up on web browser
- ✓ Ads saying that your computer is infected with a virus
- ✓ Ads placing infected websites at the top of Google searches (SEO)
- ✓ Spam emails which include links for:
 - Special deals
 - Free trial offers

Removing Malicious Software Threats

Once a malware threat has been identified, you will want to follow these instructions to remove it:

- Disconnect your computer from the internet or any network (will help to prevent the spread of a self replicating virus)
- ✓ Run a FULL Antivirus scan on your computer
- ✓ Remove quarantined items
- ✓ While your computer is compromised DO NOT back it up

The Criteria Used to Determine the Best Malware Protection Software

Now that you've learned about the threats that malware presents to your computer, firewall, network, databases, data, and personal information, you may be wondering what the best, if any, malware protection software is available. The authors have tested many leading free and fee-based malware protection software, referred to as antimalware, using a consistent set of criteria in deriving their final recommendations. The set of criteria include:

- ✓ Ease of use
- ✓ Effectiveness in protecting and safeguarding systems
- ✓ Comprehensiveness
- ✓ Support for Windows 8, Windows 7, Windows 2000, Windows Vista and Windows XP
- ✓ Cost-effectiveness
- ✓ Ability to apply automatic updates
- ✓ Background operation support
- ✓ Ability to detect malware
- ✓ Ability to remove (or eradicate) malware
- ✓ Access to technical help and support

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Microsoft Security Essentials

Free Download from Microsoft at <u>http://windows.microsoft.com/en-us/windows/security-essentials-download</u> Microsoft Security Essentials boasts the following features:

- ✓ Protects users from backdoor programs, computer viruses, worms, spyware, and Trojan horses
- ✓ Self-updating software
- ✓ Solid record of fixing issues
- ✓ Available for Windows XP, Vista, 2000, and 7 operating systems

Microsoft Anti-spyware

- ✓ Protects users from backdoor programs, computer viruses, worms, Trojan horses and Spyware
- ✓ Self-updating software
- ✓ Solid record of fixing issues
- ✓ Integrated into Windows Vista and Windows 7; However it can also be downloaded from Microsoft.com/downloads for Windows XP and Windows 2000 operating systems

Windows Defender (Formerly known as Microsoft Anti-spyware)

- ✓ Protects users from backdoor programs, computer viruses, worms, Trojan horses and supports enhanced Spyware features
- ✓ Self-updating software
- ✓ Solid record of fixing issues
- ✓ Integrated into Windows 8, 8.1 operating systems and Runtime versions

Avast! Internet Security

Avast! Internet Security for Web Browsers running under Windows and Mac Operating Systems Free Download from the Avast website at <u>http://www.avast.com/en-us/index</u> Avast! Internet Security supports the following features:

- ✓ Uses familiar color-coded icons, (green, yellow and red), to indicate website safety
- ✓ Self-updating software
- ✓ Verifies the certificates of the website

Adblock Plus

AdBlock for Web Browsers running under Windows

Free Download from the AdBlock website at <u>https://adblockplus.org/en/chrome</u> Adblock Plus supports the following features:

- ✓ Protects users from keyloggers
- ✓ Blocks any "annoying ads" from the user
- ✓ Disables Pop-Ups and tracking
- ✓ Compatible with Google Chrome and Firefox

Ghostery

Ghostery for Web Browsers running under Windows Free Download from the Ghostery website at <u>https://www.ghostery.com/en/</u> Ghostery supports the following features:

- ✓ Protects users privacy
- ✓ Shows who's tracking your web browsing experience
- ✓ Self-updating software

Google Chrome – Recommended Web Browser

- ✓ Advanced privacy settings
- \checkmark Add on security protection extensions
- ✓ Self-updating web browser
- ✓ Good record of fixing any issues
- ✓ Shows user memory usage of each tab



Figure 2. The Best Malware Protection Software

Conclusion

This paper presented the different types of computer threats, classification approaches, detection strategies, and removal methods, as well as what malicious software (malware) is; the types of malware including viruses, Trojans, rootkits, zombies, worms, spyware, adware, scareware, spam email, and denial of service (DOS) attacks. Various strategies and techniques on password protection and management; software to detect and protect computer systems; techniques for the removal of malicious software; and the methods for protecting your computer and data assets were presented. Finally, we recommended our choice for the best, and free, malware software.

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Kirk Paul Lafler is senior SAS consultant and founder of Software Intelligence Corporation and has been using SAS since 1979. He is a SAS Certified Professional, provider of IT consulting services, trainer to SAS users around the world, and sasCommunity.org emeritus Advisory Board member. As the author of six books including Google[®] Search Complete! (Odyssey Press. 2014); PROC SQL: Beyond the Basics Using SAS, Second Edition (SAS Press. 2013); PROC SQL: Beyond the Basics Using SAS (SAS Press. 2004), Kirk has written more than five hundred papers and articles, been an Invited speaker and trainer at four hundred-plus SAS International, regional, special-interest, local, and in-house user group conferences and meetings, and is the recipient of 23 "Best" contributed paper, hands-on workshop (HOW), and poster awards.

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